

10 THE

Commandments for Relationship Essentials

By Stan Tatkin

THOU SHALT
protect the safety and security
of thy relationship
at all costs.

THOU SHALT
base thy relationship
on true mutuality,
remembering that *all decisions*
and actions must be good
for thee AND for thine partner.

THOU SHALT
not threaten the existence
of the relationship, for so doing
would benefit no one.

THOU SHALT
appoint thy partner as *go-to person*
for all matters, making certain thy
partner is *first to know* –
not second, third, or fourth
– in all matters of importance.

THOU SHALT
provide a tether to thy partner
all the days and nights of thy life,
and never fail to greet thy partner
with good cheer.

THOU SHALT
protect thy partner
in public and in private
from harmful elements,
including thyself.

THOU SHALT
put thy partner to bed *each night*
and awaken with thy partner
each morning.

THOU SHALT
correct all errors, including
injustices and injuries, at once or
as soon as possible, and
not make dispute of who was
the original perpetrator.

THOU SHALT
gaze lovingly upon thy partner daily
and make frequent and meaningful
gestures of *appreciation, admiration,*
and gratitude.

THOU SHALT
learn thy partner well
and *master the ways of seduction,*
influence, and persuasion,
without the use of fear or threat.